



*Is your community looking for an engaging, and free, October activity event?
Or planning for 2019? Bartlett, TN invites you to join in the fun!*



Can you complete a marathon in 31 days?

October 1-31

Register Now

Registration is now open for October's [Marathon in a Month](#)™

Participants set their personal mileage goal – 26, 50, 100 miles – and enjoy a fun, healthy global challenge. To see how HealthCode's activity platform works check out the [intro video](#).

Organizations can sign up to include all their employees. They just fill out the Organization [form](#) at <https://events.healthcode.org/wellness>. Check out the Marathon in a Month [communications tools](#): Sample e-letters; Social Media post examples; Flyers, posters, banners, logos

Individuals can easily [register](#) and align themselves with your Organization, or participate on their own. A Marathon in a Month race bib is provided for participants to print out and post on social media. Plus, their mileage activity will be shown on the achievement progress bar in their Personal Private page AND on Organization's Private Leaderboard.

Participants enter their City and State, so their activity is also applied to the **Public Leaderboard** for their City, State and if applicable their Organization. Providing a fun way to engage, motivate and recognize people across Tennessee. (See April 2018's Marathon in a Month [Leaderboard](#).)

Let's get Tennessee among the top 3 states. We challenge other Tennessee Healthier Communities to join us as we seek to be among the top cities!



INTERNATIONAL LEADERBOARDS

TOP STATES

TOP CITIES

TOP ORGANIZATIONS

Thank you for your consideration and participation. Please let [HealthCode](#) know of any questions:
Contact@HealthCode.Org

Thinking ahead to 2019? Check out HealthCode's quarterly activity [events](#):



January



April



July



October

[HealthCode](#) is a nonprofit whose mission is to empower people to live healthier, happier lives.