

BARTLETT SENIOR CENTER SCHEDULE ~ MAY 2022
5727 Woodlawn, Bartlett, TN 38134 ~ 901-385-6439

Monday

8:15 – 9:00	Get Movin' Monday
9:30 – 10:30	AM Stretch
10:00	Book Club (May 16)
12:30 - 3:30	Paper Art
12:30 – 2:30	Bunco (May 2)
2:15 – 3:30	Yoga
2:30 – 3:45	Legal Aid (May 16)

Tuesday

8:15 – 9:15	Yoga
10:00 – 11:30	Creative Writing
10:00 – 11:30	Line Dance (Beginner/Intermediate)
11:30 – 3:30	Chess
11:30 – 3:30	Mixed Games
1:30 – 2:30	Tai Chi

Wednesday

8:15 – 9:00	Club Cardio
9:00 – 11:30	Scrapbooking
9:30 – 10:30	AM Stretch
9:30 – 1:00	Massage Therapy (May 4)
2:15 – 3:30	Yoga

Thursday

8:15 – 9:15	Yoga
10:00 – 11:30	Line Dance Lessons (Beginner/Intermediate)
10:00 – 12:00	Ukulele Club
12:00 – 1:00	Ballroom (No class 5/26)
1:30 – 2:30	Tai Chi

Friday

8:00 – 3:00	Mixed Games
8:15 – 9:00	Club Cardio
9:30 – 10:30	AM Stretch
10:30 – 12:00	TOPS (Take Off Pounds Sensibly)

Reservations

Reservations are still required for the Exercise Room and for group fitness scheduled in the auditorium, which includes Get Movin' Monday, AM Stretch, Zumba, Tai Chi, Yoga and Line Dance. Reservations open on Friday mornings at 8:00 a.m. for the coming week and are on a first come, first served basis.

MIFA Meal Service

The Bartlett Senior Center serves as a congregate meal site for MIFA and hot meals have returned to the schedule. Meals are served at 12:00 p.m., Monday-Wednesday of each week.

Our MIFA representative, Joyce Stewart, is on site Monday through Wednesday of each week from 9:30 a.m. until 1:30 p.m. She can assist new participants with an application, take your meal reservation and answer any questions you may have about the meal program.

SPECIALS FOR MAY 2022

The Bartlett Senior Center will be closed on Memorial Day, May 30th.

Wednesday, May 4
11:00 a.m. – 12:00 p.m.

Bingo
Sponsored by Urban Solutions

Monday, May 9
1:30 – 2:30

Summertime Concert “Wendi Oh!”
Reservations required in advance.

Wednesday, May 11
11:00 a.m.

Methodist Healthcare Forum
“Heart Health”

Wednesday, May 18
1:00 p.m.

Jewelry Workshop
Pre-register/pay by 5/13

Wednesday, May 25
1:00 p.m.

Genealogy Series
“The 50s Census”

Thursday, May 26
11:30 a.m.

Member Appreciation Cookout
Free to members only.

If you do not see your favorite activity listed, please fill out a request at the front desk to let us know what activity you would like to see return to the schedule.

If you would like to volunteer to lead an activity, teach a class, or call Bingo, please call Holly at 901-385-6439.



****ACTIVITY FEES****

AM Stretch.....\$3/class
Club Cardio\$3/class
Line Dance Lessons.....\$3/class
Yoga.....\$3/class

Ballroom Dance Lessons...\$3/class
Get Movin’ Monday.....\$3/class
Tai Chi.....\$3/class

BSC Membership must be current in order to participate in activities or classes.
Activity fees must be paid prior to or at the time of class in order to participate.

Read our monthly schedule and newsletter online at:
www.cityofbartlett.org/seniorcenter and our Facebook page at
<https://www.facebook.com/bartlettseniorcenter>