



Bartlett Senior Center September/October 2023



FREE FALL CONCERT!

Wednesday, September 13th at 1:30 p.m.

Featuring the Bluegrass stylings of Bartlett's own "Two Quarts Low!"

Reservations open 8:00 a.m. on September 1 for members only. Deadline is 9/8.

Seating opens at 1:00 p.m. on the day of the concert. Light refreshments will be served.

For more info or to make reservations, call 901-385-6439.

Thank you to Creative Aging of the Mid South for providing the entertainment for our Fall Concert!



CATFISH FRY-DAY IS BACK !!!

Fry-day, October 27th
Service Time ~ 11:00 a.m.

TICKETS GO ON SALE September 1, 2023

Tickets are \$15.00 each,

Deadline to purchase tickets is Tuesday, October 17th at Noon

Enjoy fried catfish and chicken, french fries, slaw, dessert and lemonade/tea.

Tickets must be purchased in advance at the Bartlett Senior Center.

This event is for adults age 50+. Tickets are limited.

Tickets will not be sold after the deadline or on the day of the event.

****No group activities will be held including Club Cardio, AM Stretch, Mixed Games, nor TOPS.***

Common areas such as Exercise Room, Pool Room and Computer Lab will be closed



Welcome Our Newest Members!

Aven, Lisa
Benscoter, Sharon
Benson, Nili
Bickerstaff, Cathy
Cianciola, Kathey
Cleveland, Brenda
Collins, Rhonda
Dennis, Karen
Farage, Alicia
Farage, Don
Gallagher, Sandra

Galloway, Sandra
Gavrock, Donna
Geoghegan, Jean
Grafton, Donna
Gurren, David
Hunt, Gayle
Kohr, Heather
Longo, Joyce
Loyd, Regina
Mayes, Karen
Martin, Rick

Macklin, Diane
McCormick, Ann
Miller, Arthurline
Montgomery, Freddie
Montgomery, Glenda
Montgomery, Nancy
Montgomery, Wayne
Radford, Charles
Reinhart, Kaythe
Rogers, Jan
Taube, Sharon

Walls, Hildegard
Walls, Nathan
Washington, Argene
Watson, Margaret
White, Phyllis
Whitefield, Jackie
Williams, Carol
Wiseman, Sandra
Wright, Nancy
Thanks to the 75 members that renewed since our last publication

Alex Bien, Interim Facility Manager

Jim Shivers, Maintenance
Susan Wood, House Manager

Mona Dodson, Secretary
Donna Gavrock, Desk Clerk

NEW WORKSHOPS

The Bartlett Senior Center will be closed on Monday, September 4th in observance of Labor Day.

COLORCOPIA - Watercolor Landscapes & Sun Prints

Thursdays, September 21st, 28th and October 5th

1:00 p.m.

Join us for this free three-week workshop series exploring Watercolor - Landscapes and Sun Prints using collected material from the garden. Supplies are provided. Space is limited and reservations are required by September 15th.

Shawna White—Dixon Art Galleries

Thank you to Dixon Art Galleries for providing this workshop for our members

NEW - DULCIMER WORKSHOP!

Mondays, September 11 - October 2, 10:30 - 12:00 p.m.

Creative Aging of the Mid-South has brought to us an exciting 4-week dulcimer class! All materials will be provided.

Your teacher will be Lee Cagle, a few dulcimers are available for use during class for those who do not own an instrument. There is no fee for the 4-week session! Hurry in to sign up by to reserve your spot. Space is limited.

MAH-JONGG LESSONS

Mon, Tue & Wed, - October 3rd, 4th & 5th

We will offer three Free Mah-Jongg lessons, and the instructors will follow the Modern American Mah-Jongg instructions. Participants must be able to attend all three lessons and have a current BSC membership.

This is a free workshop! 901-385-6439.

Instructors ~ Pat Ford and Sandy Sissom

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MORE FUN ACTIVITIES

FALL PLANT EXCHANGE

Tuesday, September 12
9:00 a.m. to 2:00 p.m.

All members are welcome to participate in our annual Fall Plant Exchange! Stop by the front desk to pick up participation guidelines and plant tags. Please have description tags filled out in advance.

BALLROOM DANCE CLASS

Thursdays, 12:00 - 1:00 p.m.

September ~ Rumba

October ~ Waltz

\$4 per person or included in Premium Membership
Instructor ~ Dave Ehring

METHODIST HEALTHCARE FORUMS

Third Wednesday of each month at 1:00 p.m.

September ~ 20th ~ Early Heart Attack Recognition
October ~ 18th ~ Wound Care Education (Diabetes)

Specialists from Methodist Healthcare will present discussions on different healthcare topics and answer your questions.

MASSAGE THERAPY SERVICES

September 6 and October 4
9:30 a.m. - 1:00 p.m.

\$22 for 15 minutes / \$40 for 30 minutes
Appointments and payments are required in advance. Cancellations require 24-hour notice.

Licensed Massage Therapist ~ Cindy McKee

QUARTERLY POOL TOURNAMENT

Wednesday, October 18
9:00 a.m.

This double-elimination tournament is free to members. Registration required by 12:00 Noon on Friday, October 13. Registration must be completed at the front desk.

BINGO

September 6 and October 4
11:00 a.m. to 12:00 p.m.

Our monthly Bingo games are free, and no reservation is needed.

We kindly request for those not staying for MIFA meal service to consider leaving your table in a timely manner so staff may sanitize tables during the transition from Bingo to lunch service.

Thank you to all who have donated Bingo prizes.

BOOK CLUB

Third Monday, 12:30 p.m.

September 18 ~ The Forest of the Vanishing Stars
by Kristin Harmel and/or The woman with

The blue star by Pam Genoff

October 16 ~ BearTown

by Frederick Backman

LEGAL AID

September 18 and October 16
2:30 - 3:45 p.m.

Assistance with wills, trusts and estate matters.
Appointments are required and you must fill out an intake form.

Attorney ~ Ryan Byrne

GENEALOGY

Fourth Wednesday, 1:00 p.m.

September 27 ~ Davies Plantation Presentation by Ex. Director Katrina Hansen

October 25 ~ Dousing - Looking for unmarked graves

T.O.P.S

Fridays, 10:15 a.m.

Nutrition and Weight Loss Support!

Participants do not have to be a member of the Bartlett Senior Center to join our TOPS chapter.

All adults are welcome!

Annual National Membership Dues ... \$49

Semi-Annual Local Membership Dues ...\$15

Facilitator ~ Carol Lord

Workshops

JEWELRY WORKSHOP



Wednesday, September 20 or October 18 at 1:00 p.m.

In this month's Jewelry Workshop we will be making Vinyl Beads and Paper Beads. Once you learn the techniques required to create the beads, you will be able to design a Vinyl Bracelet. In addition to designing a bracelet, we will also learn how to create Paper Beads from start to finish.

Reservations and payment are required by noon on the Friday before the workshop. The \$7 fee covers the class and supplies. Reservations open on the first business day of the month for each class.

Instructor ~ Alice Lancaster

AARP Smart Driver™ Course

October 24 & 25, 2023

9:00 a.m. – 1:00 p.m.

Claim your safe driver discount! When you take the AARP Smart Driver course, you could be eligible for a multi-year discount on your auto insurance.* Plus safer driving can save you more than just money. The course teaches proven driving techniques to help keep you and your loved ones safe on the road.

This is a two-day driver safety program and participants must attend both days to receive the certificate. The fee is \$20 for AARP members and \$25 for non-AARP members.

Contact George Coleman, Instructor at 384-3581.

Deepest Sympathy to...

Susan Mellen in the passing of her brother

Beth Wright in the passing of her Sister in Law

Kathy Dino in the passing of her brother

Doug Nash in the passing of his son

And to the family of Raymond Holmes, a long time member who recently passed.

Get Well Wishes to...

Millie Callicutt, Marsha Jessup

and

Stacy Davidson

Choral & Drama

Bartlett Senior Center Choral & Drama group is back!

They are looking for anyone who loves to sing! Join them on

Mondays ~ 9 a.m. until 11:00 a.m.



Birthday Wishes!

Happy Birthday to all of our September and October birthday babies.

Hope your special day is full of fun!